

Redlands Hospital Young Parent Program

27 Waterloo St, Cleveland (down stairs)
Phone: 3488 3430

- 10 week program on child birth education for pregnant women 21 years and under living in the area

The 139 Club Welfare Centre-Family Support Program

505 Brunswick Street, Fortitude Valley
Phone: 3254 1144

- Parent support group
- Socialise with other parents
- Family and welfare support

Young Parents New Baby Session

181 Anzac Ave Redcliffe:
Phone: 3897 6300

- For young parents up to the age of 21 years
- Young pregnancy group, young parents groups, drop in clinic, home visits
- Information sessions
- Socialise with other parents

Young Parents Program (YPP)

119 Stafford Rd, Kedron (corner Glenfern Ave)
Phone: 3357 9944

Website: www.youngparentsprogram.org.au

- Childbirth education group ('Pregnancy Group') for first time young mums 19 and under, Tuesdays 11-1:30 in Kedron
- Young Mums Groups on Thursdays 11-1 in Windsor, for mums under 23, includes fun activities, info, Child Health nurse
- Transport assistance for some groups
- Individual support, outreach support
- Projects including VALUE-ing Young Mums Healthy Relationships workshops

Young Parents Support Program (YPSP)

10 Allambie Street, Maroochydore
Phone: 5479 5898

Website: www.ifys.com.au/services

- Support service for young pregnant and parenting families up to 25 years of age
- Pregnant support and Starting Strong program
- Fully supported short term accommodation
- Individual support and outreach
- Young parents support playgroups:
Coolum Monday 10am-12pm
Maroochydore Tuesday 10am-12pm
Nambour Wednesdays 10am-12pm

Youth and Family Service (Logan)

376 Kingston Rd. Slacks Creek
Phone: 3826 1500

Website: www.yfs.org.au

- Antenatal groups for women 25 weeks pregnant and over
- Young parents program coming soon
- Home visiting program, housing support, and legal advice
- Support for dads of any age

Youth Health and Educational Services (YHES)

161 Scarborough St, Southport, Gold Coast
Phone: 5528 5333

Website: www.yhes.org.au

- For parents 12-25 years of age
- Childbirth education groups
- New parents groups and playgroup (children 0-5)
- Child Health
- Ongoing support and referral
- Open Mon-Thur 9am-5pm

RESOURCES FOR CHILDBIRTH EDUCATION AND YOUNG PARENTS GROUPS IN AND AROUND BRISBANE



Compiled by Young Parents Program

Phone: 3357 9944

www.youngparentsprogram.org.au

Providing a range of health and support services for young women who are/were pregnant when 19 or under and up to the age of 23. Pregnancy, childbirth, young mums groups and individual support and outreach.



Updated: OCTOBER 2012

BABI Youth and Family Support

34 Bay Terrace, Wynnum

Phone: 3393 4176

Website: www.babi.org.au

- Wynnum, Manly, Redlands Community
- Young parents group fortnightly on Monday
- Parents under age 25 plus family and children

Beenleigh Young Parents Support Program

Family Centre, 3 Elizabeth St, Beenleigh

Phone: 3801 8056

- Education and support for parents to age 25
- Young parents and family groups
- Antenatal groups with midwives

BYS Centre for Young Families

96 Breakfast Creek Rd, Newstead

Phone: 3254 2955

Website: www.brisyouth.org

- For young mothers and parents 12-25 years old
- Intensive family support and relationship courses
- Parenting programs, and crisis support
- Young parent group Tuesday 10am-1pm 3 terms per year—Phone: 3252 3750

BYS Centre for Young Women (formerly Othilas)

5 Zillah Street, Stones Corner

Phone: 3847 9633

Website: www.othilas.org.au

- Works with young women 16-25
- Individual counselling and support
- Medium term supported accommodation
- Referral and information and drop-in service Mon-Fri 9am-5pm

Caboolture Midwives and Early Years Centre

Cnr Manley and Tallon St, Caboolture

Phone: 5428 1477

- Young mums aged 20 years and under
- Information, social contact, and play groups
- Young bumps and bubs group on Mondays
- Drop in clinic with midwives Wed 9-11.30

Deception Bay Community Youth Program (DBCYP)

5 Summer St, Deception Bay

Phone: 32040277

- Peer education, mentoring, and playgroups
- Talking realities education program
- Individual and family support to parents under 25 with information and referrals

Glugor House

4 Airlie Avenue, Deception Bay

Phone: 3203 0235

- Support service for young mothers (15-25 years) and their children
- Peer support, activities including parenting skills, living skills, personal development, early childhood development, and counselling services
- Individual support and outreach
- Fully supported short term accommodation

Ipswich Young Parents Program

Ipswich Health Plaza, Bell Street, Ipswich

Phone: 3817 2394

- For pregnant and parenting women up to 18 years of age
- Antenatal classes for young pregnant women and their support people
- Young parents baby clinic, education, counselling, and home visits

MICAH Projects: Young Mothers for Young Women

162 Boundary St. West End (MICAH Projects)

111 Vulture St, West End (Caterpillar House)

11 Sussex St. West End (Butterfly Place)

Phone: 3013 6000

3029 7000 (MICAH Projects)

Website: www.micahprojects.org.au

- For young pregnant and parenting Mums and Dads aged 25 years and under
- Peer support and advocacy
- Young mothers partnership program
- Early childhood program
- Mums group
- Antenatal clinic for women birthing at the Mater Hospital under 21 years
- Group work for children and parents including drop-in days and supported playgroups
- Family support and early childhood activities

Picabeen Community Centre, Time Out Playgroup

22 Hoben Street, Mitchelton

Phone: 3354 2555

Website: www.picabeen.org.au

- Young parents playgroup welcomes mums and dads aged 25 years or younger with children every Friday from 10am-12pm
- Tough love parents support program Tues 7.30pm—Phone: 3856 3211

